

Overwhelmed by life's endless to-do lists? We can help *you manage.*

Lucet Work/Life services are available to help you address daily living concerns so you can focus at work and be more present at home. Our specialists are highly-qualified to assist you with locating providers, resources and referrals for a range of life issues and needs.

Family & Caregiving

- Child and adult day care
- After-school programs
- Special needs care
- Education and tutors
- In-home care
- Senior housing
- Adoption services

Education

- Tutors and test-prep
- Public, private, and specialty schools
- Continuing education
- Financial aid and scholarships
- College consultation

Daily Living

- Household maintenance
- Pet insurance or trainers
- Moving and relocation
- Transportation
- Meals and groceries

Concierge

- Travel Planning
- Car rental
- Dining and entertainment
- Budgeting resources
- Community legal

Career & Work

- Resume writing and editing services
- Job placement resources
- Career counseling
- Community resources
- Interview tips

Health & Wellness

- Health care providers
- Specialty care
- Gyms and fitness centers
- Nutritionists
- Health coaches
- Alternative medical providers

Try Work/Life Chat

Answered by a Work/Life specialist 24/7 on eap.lucethealth.com



Scan to learn more at
eap.lucethealth.com

◆ Your well-being is our priority.

Lucet EAP provides confidential support, counseling services and resources to help you overcome life challenges and live a happy, balanced life.

Call 877-300-9103 | Visit eap.lucethealth.com

Your company code: **arbenefits**